

# COOKIE POLICY

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## What Are Cookies

As is common practice with almost all professional websites, this site uses cookies. These are small files that are downloaded to your computer, if you agree, to improve your experience. This page describes what information they gather, how we use it and why we sometimes need to store these cookies.

We will also share how you can prevent these cookies from being stored however this may downgrade or 'break' certain elements of the sites functionality.

For more general information on cookies see the Wikipedia article on HTTP Cookies.

*[By continuing to use our site, you are agreeing to our use of cookies.]*

## How We Use Cookies

We use cookies for a variety of reasons detailed below. Unfortunately in most cases there are no industry standard options for disabling cookies without completely disabling the functionality and features they add to this site. It is recommended that you leave on all cookies if unsure whether or not you need them, in case they are utilised to provide a service that you use on the site.

## Disabling Cookies

You can adjust the use of cookies by changing the settings on your browser (see your browser Help for how to do this). Be aware that disabling cookies will affect the functionality of this and many other websites that you visit. Disabling cookies will usually result in also disabling certain functionality and features of the site. Therefore, it is recommended that you do not disable cookies.

## The Cookies We Set

If you create an account with us then we will use cookies for the management of the sign-up process and general administration. Unless absolutely necessary, i.e. to remember your site preferences, these cookies will be deleted as soon as you log out.

We use cookies when you are logged in so that we can remember your sign in details. This prevents you from having to log in every single time you visit a new page. These cookies are typically removed or cleared when you log out to ensure that you can only access restricted features and areas when logged in.

This site offers newsletter or email subscription services and cookies may be used to remember if you are already registered and whether to show certain notifications which might only be valid to subscribed/unsubscribed users.

This site offers e-commerce or payment facilities and some cookies are essential to ensure that your order is remembered between pages so that we can process it properly.

When you submit data through a form, such as those found on contact pages or comment forms, cookies may be set to remember your user details for future correspondence.

In order to provide you with a great experience on this site, we provide the functionality to set your preferences for how this site runs when you use it. In order to remember your preferences, we need

to set cookies so that this information can be recalled whenever you interact with a page that is affected by your preferences.

### **Third Party Cookies**

In some special cases we also use cookies provided by trusted third parties. The following section details which third party cookies you might encounter when using this site.

This site uses Google Analytics, which is one of the most widespread and trusted analytics site on the web, for helping us to understand how you use the website and ways that we can improve your experience. These cookies may track things such as how long you spend on the site and the pages that you visit so we can continue to produce engaging content.

For more information on Google Analytics cookies, see the official [Google Analytics page](#).

We use social media buttons and/or plug-ins on this site that allow you to connect with your social network in various ways. For these to work, the following social media sites including; Facebook, Twitter and Instagram will set cookies through our site which may be used to enhance your profile on their site or contribute to the data they hold for various purposes outlined in their respective privacy policies.